



SAIL CAMP INFORMATION AND FAQs

SAILING GROUPS

Participation is open to members and non-members
The following are further grouped by age.

Beginner Sailors

(8 - 16 years) with little or no previous experience
Three 8 day sessions offered
No Camp Week of July 4 Holiday

Most sailors repeat this level before graduating to intermediate, particularly younger sailors.

Intermediate Sailors

(8 - 16 years) who have completed River Rookies or who have previous applicable basic training
Three 8 day sessions offered
No Camp Week of July 4 Holiday

Multiple sessions are recommended

Advanced Sailors

(9-16 years) graduates of the intermediate level who have attained a high level of competence
Three 8 day sessions
No Camp Week of July 4 Holiday

Multiple sessions are recommended

Bay Racers

(9 -18 years) Advanced level sailors ready for competition. The Bay Racer Team receive high level coaching and travel to regattas hosted by other clubs around the Bay throughout the summer.
7 sessions (Mon-Thurs)
No Camp Week of July 4 Holiday
Sessions (weeks) 1 and 2 are important team practice weeks
Depending on participation, we support CBYRA Junior events scheduled July thru Aug Regattas take place during the camp week with a couple of exceptions scheduled on a Friday, and the final event of the season which is on a weekend - Saturday and Sunday
Minimum participation 4 weeks and 4 regattas, more recommended

Bay Racer Participation Pre-requisites

Minimum attendance = 4 weeks and 4 regattas (Participation in more weeks is encouraged)
Any exception or variation by special permission of Program Director prior to registration
Sailor must be a NERYC club member (either junior or family)
Sailor must receive coach recommendation and apply for approval of Program Director
Sailor must be committed to attendance, travel, regatta participation
Parent/guardian must be willing to transport sailor to the event and be in attendance on regatta travel days
Program coordinator will provide logistical support.
Staff will provide coaching and on water support
Parents may be asked to assist with towing trailers to events



Parents are responsible for payment of all NERYC program fees + NERYC regatta activity fees* + event entry fees** + association affiliation dues + personal transport to events + any accommodation and meals if applicable

* NERYC Regatta Activity Fees are determined on number of sailors attending an event and the related additional staffing support costs etc. They will be applied to regattas attended by the sailor and billed at the end of summer (fee varies but the general range is \$50-\$75 per event).

** Regatta entry fees vary but range approx. \$25 - \$35 per individual per day per event

It is recommended for sailors to join the Chesapeake Bay Yacht racing Association (CBYRA) as this provides the benefit of discounted entry fees..

CAMP HOURS

In session from 9 am till 4 pm Monday thru Thurs. Camp Sessions run over 2 consecutive weeks.

Please arrive in time to start promptly at 9am each day.

All campers must be picked up by 4:30pm latest or incur a \$25 per half hour late fee.

Bay Racers hours may vary in accordance with regatta travel and schedule

PICK-UP PROTOCOL

Pick-up is at 4pm. Please be on time. Campers not picked up by 4:30pm will incur a late fee of \$25 per half hour.

DAILY SIGN IN AND OUT

All participants must be signed in and out daily

ABSENCE

If your child will miss a day, please call to advise

REGISTRATION

Online registration opens in February each year.

All campers must have pre-registered online.

Once a registration request is accepted by the camp director, the space will become fully confirmed by receipt of payment. Once groups fill, unpaid allocations will be re-assigned to those waitlisted on a first to pay basis.

No SAILOR will be permitted to participate without full payment of all fees, or without having completed and submitted the required forms: code of conduct and health forms which are available online.

FEES

Fee schedule is available online

CANCELLATION POLICY

BEFORE MAY 1, any refunds are subject to 25% cancellation fee and excludes any convenience fees paid.

MAY 1 to JUNE 1, refunds will be subject to 50% cancellation fee and excludes any convenience fees paid.

NO REFUNDS FOR ANY REASON AFTER JUNE 1

If circumstances create a situation beyond your control, provided we have openings, we will endeavor to work with you to re-schedule your session/s within the same season, however no guarantee is given

All queries to the Program Director - campers@neryc.com



FREQUENTLY ASKED QUESTIONS

What to wear to sail camp

There's a good chance that sailors will get wet every day. It is recommended sailors wear bathing suit, sailing or board shorts, rash guard or UV protective quick dry shirts, a hat and sunglasses. Please pack a small gear bag with a towel, change of clothes and a sweat shirt. Sailors need closed-toe water shoes example Texas, Keens, Crocs, neoprene booties or sailing boots. Shoes must be able to stay on feet whilst sailing and swimming.

Flip flops are NOT acceptable for sailing.

All personal property should be labeled with the sailor's name.

What must I bring to camp?

Sunscreen - All campers must have sunscreen applied before they arrive in the morning and they must bring sunscreen with them for re-application during the day.

Lunch

Participants are required to provide their own lunch in a mini cooler bag

A REFILLABLE environmentally friendly water bottle

ABSOLUTELY NO DISPOSABLE PLASTIC BOTTLES PLEASE.

Must I bring my own life jacket?

NERYC can provide a life jacket, but we strongly encourage sailors to use their own USCG approved TYPE 3 life jacket.

Do NOT bring

We understand the requirement for cell phones; however, sailors will be expected to keep them in their bags during classes and out on the water. Do not bring tablets with video games. They will not have any opportunity to make use them and we would rather they enjoyed the benefits of social interaction.

When do I get my T- Shirt?

Shirts are handed out at the end of each session together with instructor reviews and awards.

If it's raining is there camp?

We do not cancel for inclement weather. Safety always comes first, and our staff review forecasts routinely monitor radar for approaching storms. Except for lightening, thunderstorms, high wind conditions, and windless conditions of course, we will sail so come prepared. On these occasions, chalkboard sessions will be extended, and other forms of supervised activity will take place depending on the time available. Please be assured that all our coaches and staff are prepared to supervise activities that are designed to maximize both educational as well as fun value during any 'no sail periods.

Will there be a swim test?

Sailors will need to pass a swim test on their first day. They will be required to swim a distance of 50 yards and tread water for 2 minutes while wearing a USCG approved Type 3 life vest. This is to ensure sailors are comfortable in the water. Capsize recovery will also be learned and practiced at the start of the session.

What about supervision before and after camp?

We do not offer any extended before and aftercare. Staff arrive at 8:30AM and camp is in session from 9am to 4pm Mondays through Thursdays. All campers must be picked up before by 4:30PM.



Can I stay and watch my child sail?

Our experience has shown that young sailors learn their best, progress faster and get the most benefit out of the program without the distraction of a parent. Our coaches also appreciate being able to focus on teaching without distractions during the camp day. If you would like to come at a time when the kids are out on the water for a discreet view, please ask us for permission and an acceptable time.

Is there a lost and found bin?

We do have a lost and found bin and it fills up every week, so we encourage parents to please label everything and to check their children take all their belongings home each day. At the end of each summer season, all unclaimed items will be donated to Goodwill or discarded.

What is Sail Camp Program Membership?

A temporary program membership status is granted to sailors provided and included with registration. It facilitates participation for non-members and gives sail camp families the opportunity to dine in the restaurant as a guest (max 3 times).

Is there any transient dockage while my sailor is at camp?

Yes, at the special camper fee of \$35 per day plus \$5 per day for power.

How do I become a Family or Junior Member?

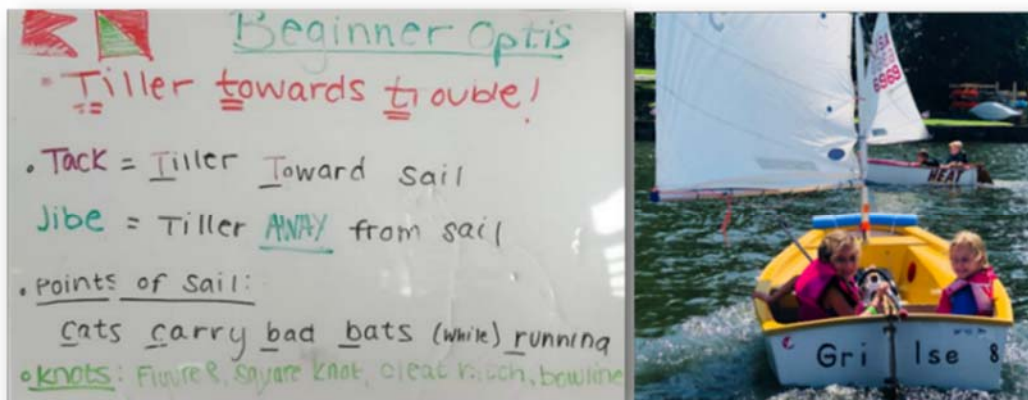
Information and applications are available at www.neryc.com. Members enjoy discounted camp fees, and many other benefits.

What does it take to participate in the Junior Racing program?

Sailors who are suitable proficient, and are interested in racing and travel to regattas, should discuss eligibility to participate with Coach and Program Director. Race team members must have a parent or guardian travel transport and accompany them to events

What does the curriculum cover?

Beginner Level - Introduction to sailing basics using Optimist dinghies for younger sailors, or Topaz dinghies for older sailors. Sailors learn about wind and water awareness, points of sail, rigging, steering, sail trim, tacking and gybing, docking, safety, capsize and recovery, basic navigation and right of way rules, knot tying.



Beginners are teamed up with a sailing buddy on the water. Skills are taught through a combination of chalkboard sessions (lectures), visual aids, demonstration, practical drills, games and extensive on the water practice. Some sailors may have to repeat this level before advancing.



Intermediate Level

Sailors who have completed Beginner Level or have previous experience. Sailors progress to 'single handed' on or Lasers, or continue to develop partnering skills on Topaz or FJ's as applicable. At this level we build on the basics and work on developing confidence in boat handling, effective sail trim and an overall competence in skills. It is usual for sailors to repeat this level before advancing.





Advanced Level

Sailors with a high level of competence ready to take their game to the next level. This level includes: understanding racing tactics and rules plus advanced boat handling, advanced sail trim.



Bay Racers - Racing sailors

Specialized coaching on Opti, Laser and Club 420, with travel to regional regattas during the summer. Travel Team Racers prerequisites for participation are club membership, coach recommendation and Program Director approval. This level includes specialized coaching, boat use when required, and logistical support for participation in regional CBYRA Junior regattas. Fleets: Opti Green (beginner) Opti RWB, Lasers, 420's. Racers build competitive skills, with practice and competition.

