



If Plan A fails, remember there are 25 more letters.

In sailing, the leaders with the perfect start often call the shots and extend their lead, while the rest of us struggle to get clear air, hit the shifts, and sail fast enough to break free.

Attend this entertaining and interactive seminar led by Kent Bartlett of J World Annapolis. Learn how to maximize your playbook, improve your starts, the first leg and race finishes.



We will discuss sail trim, strategy, tactics and rules scenarios common to every race. Taking a special look at the period of time from 10 minutes before the starting signal until the call for the 'HOIST', or 'POLE SET', at the windward mark. Kent will create a simple and repeatable formula for helping any sailing team get fast and stay fast this season. The day will be informative, fun and interactive and promises to make the day fly by.

If you think you've heard it all before, you haven't! Whether you sail dinghies or keelboats, one design or PHRF, are a skipper or crew, this is a great opportunity to refresh your knowledge and tune-up your game and launch your 2014 season.

Topics

- Goal setting
- 10 minute before the gun -
What does your pre-flight checklist look like?
- Improve your starts strategy
- Defending your strategy -
Rules and tactics on the start line
- Windward sail trim secrets -
How to go from book smart to bookin'
- Tack or Cross?
Fleet management on the windward leg
- Comprehension check, Q&A

SATURDAY, MARCH 29th

9:00am – 4:00pm

Activity Fee: \$35 – Skippers

\$25 – Crew

\$15 – Junior Sailors

Price includes lunch.

Please register at www.NERYC.com



North East River Yacht Club

80 Bayside Drive, North East, MD 21901

Just minutes away from Exit 100 on I-95